



Les Chimères B & B / gites



Lisanne Ashton 82240 Puylaroque
2 rooms and 2 gites all ensuite with wonderful views
www.aux-chimeres.com
ashtonlisanne@orange.fr
facebook.com/LesChimeresBBandGites/
06 17 53 56 00



Le Camp

live well - live wild



Claire MacMenemey 82330 Varen
Luxury campsite with 7 safari tents & natural pool
www.lecamp.co.uk info@lecamp.co.uk
06 04 40 06 27



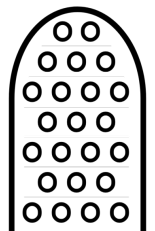
Le Coutillard

Pippa Craig 82160 Parisot
Glamping holiday accommodation with pool
pippanickcraig@gmail.com
lecoutillard.com
06 32 13 53 12



Rataboul

Lettice Lacey 82240 Puylaroque
Pigeonnier gîte
rataboul@yahoo.com
www.rataboul.net
06 24 12 80 82



La Résidence

Lisa Wills 82140 Saint Antonin Noble Val
B & B and studio
info@laresidence-france.com
www.laresidence-france.com
06 70 99 19 52 / 05 63 67 37 56





Cakes in France

Bespoke special occasion cakes Cream Teas

Glynis Howgego 82240 Septfonds

www.cakesinfrance.com

cakelady@orange.fr

06 60 46 50 38



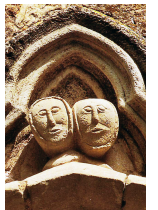
Homemade jams, lemon curd & marmalade

Sold to raise funds for Puycelsi Church

Ginny Jenkins 81140 Puycelsi

jenkins.ginny@gmail.com

05 63 33 15 84



'FIL & DOUX'

Wool spinning workshops

Marie-Claude Lafitole 82140 St Antonin Noble Val

fildoux82@gmail.com

www.facebook.com/Fil.doux82/

06 84 18 86 35



My French Pass

French classes, cooking workshops, historical tours

Marie-Claude Lafitole 82140 St Antonin Noble Val

myfrenchpass@gmail.com

www.myfrenchpass.com

www.facebook.com/MyFrenchPass/

06 84 18 86 35



Canny Couture Repairs & alterations

Annette Metcalfe 81440 Penne

Felt characters, & clothes for dolls, children & adults!

cc@bournac.fr

07 83 90 33 10





LIVETASTE Art / Web Design / Yoga Classes

Veronica Stenhaug 82160 Caylus

www.livetaste.fr

contact@livetaste.fr

07 67 28 30 32



Yoga Najac - gentle yoga & mindfulness for all abilities

Lucy Ackroyd 12270 Najac

Tailor-made retreats for 2 - 6 people

Breathe, stretch, relax, smile

www.yoganajac.com

05 65 29 76 30 / 06 16 26 24 84



Amulet Therapy -Yoga

Susi Conchar 81170 Saint Martin Laguépie

www.amuletherapy.info

suz@amuletherapy.info

06 84 45 78 69

Amulet



Cordes Owners Club

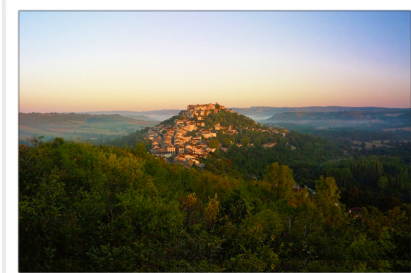
Property Management & Holiday Letting Business

Janine and Tony Wood 81640 Salles

www.cordesownersclub.com

www.facebook.com/CordesOwnersClub

06 76 34 20 24



Spa St Antonin

Becky Allen 82160 t Antonin Noble Val

Bien être: spa treatments, massages

rebeccajallen@icloud.com

www.spastantonin.weebly.com

06 89 84 82 06





Corinne Woods Furniture

Furniture designer, maker and restorer

Corinne Woods 82160 Caylus

cwoods.furniture@outlook.com

Facebook: [cwoods.furniture](https://www.facebook.com/cwoods.furniture)

Instagram: [@cbb.woods](https://www.instagram.com/cbb.woods)

05 81 52 90 34



Savonnerie de Caylus

Handmade natural soaps & beauty products, workshops

Jacqueline Hurley 82160 Caylus

airmeithsavonnerie@gmail.com

www.airmeithsavonnerie.fr

05 63 26 09 20



Noble Nuptials

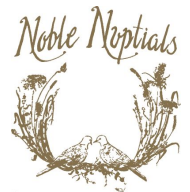
At-Home, Chateaux, Vineyard
& Marquee weddings.

Hannah Nicolet 82140 St Antonin

hannahnicolet@noblenuptials.com

www.noblenuptials.com

06 23 28 55 02



french escapes



2 Gites + Pool for up to 16 people

Janine and Tony Wood 81640 Salles

www.french-escapes.com

www.facebook.com/FrenchEscapes

06 87 34 20 24

Le Petit Coin du Charme

Ceramicist

B & B: 3 rooms, one on ground floor

Theresa Wildsmith 82160 Caylus

www.lepetitcoinducharme.fr

06 31 17 57 99





Le Cheval Blanc

Natalie Lynch 82140 St Antonin Noble Val

Vegetarian & vegan cookery workshops

facebook.com/lechevalblanc

info@lechevalblanc.net www.lechevalblanc.net

05 63 02 23 88 / 06 65 97 61 81



Estabuffette

Joanne Schofield 82330 Ginals

Catering for all occasions

estabuffette@gmail.com

www.facebook.com/estabuffette

06 41 16 04 16



Foodielomaeus

Mia Lomaeus-Cryer 82140 St Antonin Noble Val

Cooking, Baking, Catering

mia@jonacate.com Instagram [foodielomaeus](https://www.instagram.com/foodielomaeus)

07 77 25 36 22



Craftylomaeus

Mia Lomaeus-Cryer 82140 St Antonin Noble Val

Handmade crafts

mia@jonacate.com Instagram [craftylomaeus](https://www.instagram.com/craftylomaeus)

07 77 25 36 22



Angelika Schmenkel 82140 St Antonin Noble Val

Real Estate (trilingual: English, French, German)

aschmenkel@lafort.com

www.lafort.com/caussade

06 30 40 98 58





Live Well Love Life

Karen Duarte 82140 St Antonin Noble Val

Mindfulness courses and workshops: calm stress

kduarte@orange.fr www.livewellovelife.co.uk

facebook.com/livewellovelife

07 67 75 67 20

